

WEEK 3

Monday

Cowboy pie - Sausages cooked in a smokey tomato and bean sauce topped with creamy mash served with green beans

(V) Cowboy pie - Vegetarian sausages cooked in a smokey tomato and bean sauce topped with creamy mash served with green beans

Fruit yoghurt

Tuesday

(V) Sweet and sour vegetables served with wholewheat noodles and pitta bread

Apple and rhubarb crumble with custard

Wednesday

(V) Gnocchi, tomato, red pepper and spinach bake topped with mozzarella served with fresh salad and garlic bread

Oat and raisin cookies

Thursday

Roast pork, roast potatoes, cauliflower and broccoli, served with stuffing and gravy

(V) Plant based roast, roast potatoes, cauliflower and broccoli, served with stuffing and gravy

Fruit jelly and ice cream

Friday

Roasted cod served with tomato and spinach spiced lentils and naan bread

(V) Roasted sweet potato served with tomato and spinach spiced lentils and naan bread

Seasonal fruit salad

Alternative food will be ordered for children with dietary requirements. Allergen information on these meals is available on request.